

Frost Bite Kits

When temperatures hit -15C, exposed skin freezes in minutes. **We need help to keep people safe.** Your generosity will help Calgarians experiencing homelessness stay warm this winter.

You can help by donating any of the following items:

- Hand warmers
- Gloves and mitts
- Hats and toques
- Wool socks
- Throat lozenges

- \$10 Tim Hortons cards
- Lip balm
- Mini hand lotion/Vaseline
- Reusable beverage containers

Kindly drop off your donations at:

3640 11a Street NE

Monday - Sunday from 9am to 5 pm (closed statutory holidays)

To build and donate, register at: calgarydropin.ca/kindnesskits

