



Free Goods Program
by the Calgary Drop-In Centre

Essential Kits

Day to day items can be taken for granted, but when you carry everything you own on your person, the essentials can make your day better. When you have very little, there's nothing like a fresh shave or relieving a headache.

You can help by donating any of the following items:

- Toothbrushes
- Mini toothpaste
- Men's underwear
- Ladies underwear
- Deodorant
- Tylenol/Advil
- Shaving cream
- Razors
- Lip balm
- Mini hand lotion/Vaseline
- \$10 Tim Horton's gift card
- \$50 grocery gift card

Kindly drop off your donations at:

3640 11a Street NE

Monday - Sunday from 9am to 5 pm (closed statutory holidays)

To build and donate, register at:
calgarydropin.ca/kindnesskits

