Getting Ready to Move

My comfort level with moving is:															
1 2	3 4	5	6	7			8		(9		10)		
/hat can I do to help increase my comfort level?															
How do I feel abou	it my 1 st night in	my apartmo	ent?												
Very Nervous	Slightly Nervou	ıs Indif	Indifferent			Excited				Super Excited					
What can I do to h	elp increase my	comfort leve	el?												
rate my skill at															
Paying rent on time	and in full			1	2	3	4	5	6	7	8	9	10		
Cooking															
Cleaning															
Grocery Shopping															
Budgeting															
Problem solve issue	es that may come	up financially													
Droblom calva is															
Problem solve issue	es with my tenanc	У													
Set boundaries with	•	•													
	n friends and fami	•													
Set boundaries with	n friends and fami	•													
Set boundaries with Manage my medica	n friends and fami ation ections	•													
Set boundaries with Manage my medica Follow Doctors dire	n friends and fami ation actions s	•													
Set boundaries with Manage my medica Follow Doctors dire Make appointment	n friends and fami ation ections s it system	•													
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