Monthly Budget

Name	Date	

Things that I must spend money on	Formal ways I get money	
Rent	Job	
Utilities	Alberta Works	
Food	AHIS	
Arrears	Pension	
Repairs	Other	
Total	Total	
Other money that comes in goes toward:	Informal ways I get money	
Child Support	Bottle Collection	
Debt	Odd Jobs	
Cigarettes	Baby Sitting	
Coffee	Sex Work	
Alcohol	Drug Running/Dealing	
Other Drugs	Day Labour	
Health Stuff	Theft/Pawning	
Household supplies	Friends/Family	
Partner	Selling Prescription	
Children	Gambling	
Friends	Medical Research	
Cable/Internet	Panhandling	
Cell Phone	Selling Crafts	
Socializing/Partying/Night Out	Buskering	
Sex	Honorariums	
Transit	Non-medical Research	
Taxis	Other	
Gambling	Other	
Legal/Fines	Other	
Other	Other	
Total	Total	
All the ways I Spend Money	All the Ways I Make Money	
TOTAL	TOTAL	
Difference Between What I Spend and What I	Make:	

