## Monthly Budget

| Name | Date |  |
|------|------|--|

| Things that I must spend money on          | Formal ways I get money   |  |
|--|---------------------------|--|
| Rent                                       | Job                       |  |
| Utilities                                  | Alberta Works             |  |
| Food                                       | AHIS                      |  |
| Arrears                                    | Pension                   |  |
| Repairs                                    | Other                     |  |
| Total                                      | Total                     |  |
| Other money that comes in goes toward:     | Informal ways I get money |  |
| Child Support                              | Bottle Collection         |  |
| Debt                                       | Odd Jobs                  |  |
| Cigarettes                                 | Baby Sitting              |  |
| Coffee                                     | Sex Work                  |  |
| Alcohol                                    | Drug Running/Dealing      |  |
| Other Drugs                                | Day Labour                |  |
| Health Stuff                               | Theft/Pawning             |  |
| Household supplies                         | Friends/Family            |  |
| Partner                                    | Selling Prescription      |  |
| Children                                   | Gambling                  |  |
| Friends                                    | Medical Research          |  |
| Cable/Internet                             | Panhandling               |  |
| Cell Phone                                 | Selling Crafts            |  |
| Socializing/Partying/Night Out             | Buskering                 |  |
| Sex  | Honorariums               |  |
| Transit                                    | Non-medical Research      |  |
| Taxis                                      | Other                     |  |
| Gambling                                   | Other                     |  |
| Legal/Fines                                | Other                     |  |
| Other                                      | Other                     |  |
| Total                                      | Total                     |  |
| All the ways I Spend Money                 | All the Ways I Make Money |  |
| TOTAL                                      | TOTAL                     |  |
|  |                           |  |
| Difference Between What I Spend and What I | Make:                     |  |

