

COMMUNITY ACCESS GUIDE

You can call **2-1-1**
They are community resource specialists.

CALGARY DROP-IN CENTRE

Last updated: November 2019

EMERGENCY SERVICES

Emergency	9-1-1
Community & Social Services	2-1-1
Health Link	8-1-1
City of Calgary	3-1-1
DISTRESS CENTRE	
<i>24/7 Crisis phone line</i>	403-266-4357
Police	
<i>Non-Emergency</i>	403-266-1234
DOAP Team	
<i>Outreach transportation</i>	403-998-7388
PACT Team	
<i>Health supports</i>	403-955-6380
Community Paramedics	
<i>Non-Emergency outreach</i>	1-855-491-5868
Child & Family Services	
<i>24 hr Family supports</i>	403-297-2995
AHS Addiction Helpline	1-866-332-2322

HOSPITALS

Sheldon Chumir Centre ●	
1213 4 St SW	403-955-6200
Foothills Medical Centre	
1403 29 St NW	403-944-1110
Peter Lougheed Centre	
3500 26 Ave NE	403-943-4555
Rockyview General Hospital	
7007 14 St SW	403-943-3000
South Health	
4448 Front St SE	403-943-9300

CLINICS

CUPS ●	
<i>Medical Clinic & Economic Supports</i>	
1001 10 Ave SW	403-221-8780
STI Clinic	
1213 4 St SW 5th floor	403-955-6700

TAXES

Canada Revenue Agency (CRA) Tax Information	
<i>Obtain T-slips, change your address, replace assessment, etc</i>	1-800-959-8281
CRA GST Credit	1-800-959-1953
Kerby Centre ●	
<i>Taxes for 55+</i>	
1133 7 Ave SW	403-705-3246
SORCe ●	
<i>Hub for subsidized housing - Walk-in only</i>	
316 7 Ave SE	Monday-Friday 8:30-4:30
Free Online Tax Filing Software	
www.simpletax.ca	

IMMIGRATION SERVICES

Immigrant Aid Society	
<i>Supports with integration</i>	
910 7 Ave SW #1200	403-265-1120
Calgary Immigrant Women Association	
<i>Supports for immigrant women</i>	
138 4 Ave SE	403-263-4414
Centre for Newcomers	
<i>Settlement services</i>	
999 36 St NE #1010	403-569-3325
Calgary Catholic Immigration Society	
<i>Supports with integration & Employment services</i>	
1111 11 Ave SW 5th floor	403-262-2006
Citizenship & Immigration Canada	
220 4 Ave SE(Harry Hays)	1-888-242-2100

The Alex Health Centre	
<i>Medical Clinic & Counselling Supports</i>	
205 1217 Centre St NW	403-266-2622
Pregnancy Care Centre	403-269-3110

COUNSELLING SERVICES

DISTRESS CENTRE	
<i>24/7 Crisis phone line</i>	403-266-4357
Calgary Communities Against Sexual Abuse	
<i>(CCASA) Free</i>	
910 7 Ave SW #700	403-237-5888
Eastside Family Centre	
<i>Free Walk-In</i>	
495 36 Street NE	403-299-9696
Elbow River Healing Lodge	
<i>Free- Indigenous Focused</i>	
1213 4 St SW 7th floor	403-955-6600
Calgary Counselling	
<i>Sliding scale</i>	
105 12 Ave SE #1000	403-265-4980
Carya	
<i>Family, children & seniors - Sliding scale</i>	
839 5 Ave SW #180	403-269-9888
Grief Support Program	
<i>Free services</i>	
1820 Richmond Road SW	403-955-8011

ADDICTIONS

Alpha House Detox ●	
<i>24 hr Detox Centre</i>	
203 15 Ave SE	403-234-7388 ext 2
Renfrew Recovery Centre	
<i>24 hr Medical Detox Centre</i>	
1611 Remington Road NE	403-297-3337
AHS Safe Consumption Site	
1213 4 St SW	403-955-3380
AHS Addiction Helpline	1-866-332-2322

LEGAL

Calgary Courts Centre	
601 5 St SW	1-855-738-4747
Calgary Legal Guidance	
<i>Legal advice and Notarized ID</i>	
840 7 Ave SW	403-234-9266
Calgary Parole Office	
524 12 Ave SW	403-292-5505
Calgary Provincial Probation Community Corrections Central ●	
665 8 St SW	403-297-6481
Elizabeth Fry Society	
<i>Women Only</i>	
1731 10 Ave SW	403-294-0737
John Howard Society	
<i>Men Only</i>	
4502 Builders Rd SE #1000	403-266-4566
Legal Aid Society of Alberta	
665 8 St SW	403-297-6380
Native Counselling Services of Alberta	
910 7 Ave SW #1010	403-237-7850
IDENTIFICATION	
AHS ID Program	
1213 4 St SW	403-650-4050
Calgary Legal Guidance	
<i>Notarized ID</i>	
840 7 Ave SW	403-234-9266
The Mustard Seed Wellness Centre	
1010 Centre St SE	587-393-4020
New Urban Registry ●	
1138 10 Ave SW	403-262-9999

FOOD RESOURCES

Calgary Interfaith Food Bank	
<i>7 Hampers a year</i>	
5000 11 St SE	403-253-2055
The Alex Community Food Centre	
<i>3 Drop in community meals</i>	
4920 17 Ave SE	403-455-5792
St. Mary's Cathedral ●	
<i>Sunday meal service</i>	
219 18 Ave SW	403-228-4170
St. Edmund's Anglican Church	
<i>Emergency food hamper pick-up</i>	
8336 34 Ave NW	403-288-6330
Robert McClure United Church	
<i>Thursdays from 10:30am - 11:30am</i>	
5510 26 Ave NE	403-280-9500

TRANSPORTATION

Fair Entry Program	
<i>Low income bus pass and recreation</i>	
800 Macleod Trail SE 3rd Floor	3-1-1
Access Calgary	
<i>Mobility challenged transit - Must apply for services</i>	
224 7 Ave SW	403-537-7770
Calgary Transit Information	403-262-1000
Calgary Transit Lost & Found	403-268-1600
Red Arrow	
<i>Bus</i>	
205 9 Ave SE	1-800-232-1958
Checker Cab	403-299-9999
Associated Cabs	403-299-1111

TRANSITIONAL HOUSING

Mary Dover House	
<i>Women Only</i>	
320 5 Ave SE	403-263-1550
W.I.S.H.	
<i>Sober Women</i>	
3013 15 Ave SW	403-930-2711
Emma Maternity House Society	
<i>Pregnant Women</i>	
Call for address	403-612-2351
Calgary Dream Centre	
<i>Sober Men</i>	
4510 Macleod Tr SW	403-243-5598
Salvation Army Centre of Hope ●	
<i>Sober Men</i>	
420 9 Ave SE	403-410-1111
Oxford House	
4321 23b St NE #1B	403-214-2046

EMPLOYMENT SERVICES

Momentum	
<i>Financial literacy & Employment training</i>	
2936 Radcliffe Dr SE #16	403-272-9323
MCG	
<i>Career & Employment Centre</i>	
11012 Macleod Tr #350	403-668-5445
Aboriginal Futures	
<i>Education & Employment services for Indigenous people</i>	
6011 1a St SW	403-253-5311

FINANCIAL SUPPORTS

AISH	
<i>Permanent Disability Funding</i>	
2752 Sunridge Way NE	403-297-8511
HOUSING FINANCIAL ASSISTANCE	
Bow West Community	
7904 43 Ave NW	403-216-5348
Sunrise Community Link	
3303 17 Ave SE	403-204-8280
211 Basic Needs Fund	2-1-1
ALBERTA WORKS	
<i>Income support, public phone, employment, and computers</i>	
Calgary Central ●	
1021 10 Ave SW	403-297-2094
Calgary East Westland Professional Center	
2752 Sunridge Way NE	403-297-1907
One Executive Place	
1816 Crowchild Tr NW	403-297-7200
Heritage Square 100S Heritage Square	
8500 Macleod Tr SE	403-297-2020
Emergency Alberta Works Office	
<i>Only after hrs 5pm-8am</i>	1-877-644-9992
Money Mentors	
1200 59 ave SE #150	403-265-2201

OTHER SERVICES

Calgary Public Library ●	
800 3 St SE	403-260-2600
Maintenance Enforcement Program	
<i>Court Order Child Support</i>	
Call 403-310-0000	then dial
780-422-5555	
Seniors Resource Soc.	
3639 26 St NE	403-266-2006
Women's Centre ●	
<i>Basic Supports & Public Phone - Women only</i>	
39 4 St NE	403-264-1155

HOUSING




SORCe ●	
<i>Hub for subsidized housing - Walk-In only</i>	
316 7 Ave SE	Monday-Friday 8:30am -4:30pm
Calgary Housing	
<i>Affordable rentals & subsidies resource</i>	
433 Marlborough Way NE	587-390-1200
1010 Centre	
<i>Low income housing - Sober only</i>	
1010 Centre St SE	403-767-2427
Kerby Centre ●	
<i>Senior centre supports</i>	
1133 7 Ave SW	403-265-0661
Metis Urban Housing	
<i>Subsidized housing</i>	
5301 21A Ave SE	403-569-9030
Treaty 7 Housing	
3600 19 St NE #4	587-952-0280
Housing Websites	
www.rentfaster.ca	
www.kijiji.ca	
www.rentboard.ca	
Service Alberta	1-877-427-4088
Residential Tenancy Dispute Centre	
615 Macleod Tr SE	1-780-644-3000
FURNITURE	
Calgary Interfaith Furniture	
635 35 Ave NE	403-276-3173
Calgary Drop-In Donation Centre	
3640 11a St NE	403-264-0856
Women in Need Society	
<i>Women Only</i>	
3525 26 Ave SE #1	403-255-5102

SHELTERS

Alpha House ●	
<i>Harm Reduction</i>	
203 15 Ave SE	403-234-7388
Inn from the Cold ●	
<i>Families & Children</i>	
110 11 Ave SE	403-263-8384
Kerby Centre ●	
<i>Senior centre supports</i>	
1133 7 Ave SW	403-265-0661
The Mustard Seed Shelter ●	
<i>Sober Adults</i>	
7025 44 St SE	403-723-9422
Salvation Army Centre of Hope	
<i>Sober Men</i>	
420 9 Ave SE	403-410-1111
AWO Taan Women's Shelter	
<i>Women Only</i>	
4517 17 Ave SE	403-531-1972
Calgary Women's Emergency Shelter	
<i>Women Only</i>	
Call for address	403-234-7233
Sheriff King Home	
<i>Domestic Violence</i>	
2003 16 St SE	403-266-0707
YWCA	
<i>Women Only</i>	
1715 17 Ave SE	403-263-1550
Brenda's House	
<i>Women & Children</i>	
1921 28 St SW	403-242-8575
Avenue 15 ●	
<i>Youth aged 12-24</i>	
938 15 Ave SW	403-543-9651
Calgary Drop-In Centre ●	
<i>Housing focused shelter</i>	
1 Dermot Baldwin Way SE	403-263-5707



LEGEND

-  LRT Route
-  Free Fare Zone
-  Service can be found on map & directory